



Bhutan &

Nepal

The Gateway to Happiness

8D6N



Day 1

ARRIVIAL - KATHMANDU, NEPAL (Lunch / Dinner)

Patan Durbar Square: It is one of the three Durbar Squares in the Kathmandu Valley situated on the site of former royal palace, which listed as UNESCO World Heritage Sites.

Swayambhunath Stupa: also known as “Monkey Temple”, it is the most famous temple in the country. It was built at the 3rd century and become one of the oldest Buddhist sites in Asia.

Tonight, enjoy **Nepali Cultural Folk Dance with welcome dinner.**

Day 2

KATHMANDU - PARO, BHUTAN - THIMPHU (Breakfast / Lunch / Dinner)

Today take a domestic flight to Paro, Bhutan (1 hour)

Tashichho Dzong: commonly known as Thimphu Dzong, also one of the popular and biggest landmarks in Thimphu. Today, the dzong consist of the Throne room and offices of the King of Bhutan.

Day 3

THIMPHU - PUNAKHA - THIMPHU (Breakfast / Lunch / Dinner)

Chimi Lhakhang: known as the “Fertility Temple” and famous as a place which induces fertility for all the visitors who come here wishing for a child.

Punakha Dzong: a fortress built in 1637 was the ancient capital of Bhutan. Today, it is the winter palace for the monastic body of Bhutan as Punakha Valley, located between Po Chhu (Father River) and Mo Chhu (Mother River). Visit the Temple for **Monk Blessing Ceremony**, number of religious rites performed by Buddhist monks and lamas. This represents the importance mantras and will be blessed you for happy and prosperous life.

Dochula Pass: Bhutan most beautiful mountains passes, enjoy the breathtaking views of the snowcapped Eastern Himalayas. **Druk Wangyal Chortens**, 108 small chortens was built to honor of Bhutanese soldiers who died in a 2003 military operation and dedicated to World Peace.

Simply Bhutan Museum: living museum resembling the tradition and culture of Bhutanese, you can taste Bhutanese Wine, enjoy **Bhutanese Traditional Folk Dance** and try on Archery traditional Game. Bhutan **Handicraft Emporium and Authentic Bhutanese Crafts Street**

Day 4

THIMPHU - PARO (Breakfast / Lunch / Dinner)

Kuensel Phodrang (Buddha point): a gigantic 167 feet high Buddha statue constructed in the mountains. National Memorial Chorten: most visible landmarks of Thimphu, the monument is also a stupa to honor the third king of Bhutan and focus of daily worship.

Motithang Takin Preserve (Mini Zoo): wildlife reserve for protecting Takin, the national animal of Bhutan.

Bhutan Post Office Headquarters: Bhutan is the world’ famous “stamp-country” and You may **create your own personalized stamp** here, and send with those postcards to your beloved friends and family.

Jungshi Handmade Paper Factory: the traditional handmade papermaking originated in the 8th century, here you can watch the most traditional way and process of papermaking.

Rinpung Dzong: Houses the monastic body and government offices of Paro district.

Paro National Museum: originally as watchtower in town of Paro, and renovated as National Museum today. The

Day 5

PARO - TAKTSANG MONASTRY (TIGER NEST) (Breakfast / Lunch / Dinner)

Taktsang Monastery: Temple that built on the cliff edge about 3000m, one of the most amazing temples in the world. You may choose to walk uphill or ride a horse to midway point and continue hike to the monastery.

Dressed in Kira and Gho for Photo Shoot: Today, you can try the national costume and take beautiful photos!

Kyichu Temple: it is the oldest temple in Bhutan. The temple has the largest of cultural relics, and become the important place for daily worship. Place where Hong Kong Actor Tony Leong and Carina Lau’ wedding ceremony held.

Local Market of Paro Town: shopping for some local products and souvenirs.

Day 6

PARO - KATHMANDU, NEPAL - NAGARKOT (Breakfast / Lunch / Dinner)

Today take domestic flight from Paro back to Kathmandu (1 hour)

Bhaktapur Durbar Square: it is the royal palace of the old Bhaktapur Kingdom, also known as an open-air museum. There are 500-year-old Palaces of the Mala Dynasty with many palaces, courtyards and statues with artistic features.

Nagarkot Hill Station: is a world-famous hills station commanding breathtaking views of Himalayan Range.

Day 7

NAGARJOT - KATHMANDU - HOME COUNTRY (Breakfast / Lunch)

Kathmandu Durbar Square: one of three Durbar Squares. This is a complex of beautiful temples and shrines which are embellished with intricately carved exteriors and became one of the UNESCO World Heritage Sites in 1979.

Boudhanath Stupa: it is the largest stupas in Nepal and the world. listed as UNESCO World Heritage Sites in 1979.

Thamel Market: Largest tourist shopping district located in Kathmandu. The market filled with tour agents, trekking guides, clothing stores, restaurants, cafes and bars, even the alleys are set up for tourism. After dinner, transfer to Kathmandu International Airport for flight back to Malaysia. Wish you a safe and pleasant flight back home!

Day 8

HOME SWEET HOME

Your wonderful trip ends here~ Tashi Delek~

Entrance fee all sightseeing Included

第一天 到达 - 加德满都，尼泊尔（午/晚）

帕坦王宫广场：位于帕坦的旧王宫前,是当年尼泊尔三个王国的王宫广场之一并列为世界文化遗产。

斯瓦扬布纳特佛塔：又名猴庙或四眼天神庙，此寺庙建于公元前3世纪并成为亚洲最古老的佛教圣迹之一。今晚，本社特意为您安排了欢迎晚宴及尼泊尔传统舞蹈表演。

第二天 加德满都 - 帕罗（约1小时，不丹 - 廷布）（早/午/晚）

今天乘搭飞机飞往帕罗，不丹

扎西确宗：俗称廷布宗是廷布的热门和最大的地标之一,位于在王楚河的西岸。现今的宗拥有秘书处、以及不丹国王办公室。

第三天 廷布 - 普那卡 - 廷布（早/午/晚）

切米拉康：世界有名的求子圣地和不丹最著名的求子庙。因此有许多外国旅客都慕名而来为了求得一子。

普纳卡宗：过去是不丹的古都和中心地带。建于1637年并承载着300多年的历史。而现在是位于普纳卡谷里的不丹皇室冬宫,它的寺院建在不丹的两条主要河流交汇处, Po Chhu（父亲河）和Mo Chhu（母亲河）。参加不丹僧侣祝福仪式，许多高僧和喇嘛会在这寺院里做祷告和念诵经文祝福信众，还会以木鱼轻敲信众头顶以祈求平安。

都楚拉隘口：不丹境内最美的山道。这里有为世界和平和纪念2003年军事行动中牺牲的不丹士兵而建立的108个佛塔 — 楚克旺耶。在天气晴朗的时候，可以在这里欣赏到喜马拉雅山的壮丽的风景。

不丹文化博物馆：纪念碑一个仿古不丹民间生活的展示馆。博物馆包含了不丹房舍，宗教壁画和不丹原住民服饰等等，以及尝试不同的不丹酒和参观不丹的传统面具舞蹈表演。此外，您也可以在这里体验不丹传统射箭，也是不丹的国民运动。

不丹手工艺品商店街：在这里您可以带一些不丹的传统手工艺品作为手信。

第四天 廷布 - 帕罗（早/午/晚）

金刚座释迦牟尼佛：是世界上最大的户外佛像之一，佛像高达52米。在这里也是最好俯看整个廷布城市的视角， 至今已经成为不丹的地标之一。

国家纪念塔：廷布的标志性建筑，是为了祈求世界和平和纪念第三任国王建造的。这座纪念塔同时也是一座佛塔， 内部珍藏许多神圣的宗教绘画和密宗佛像，是不丹人民生活的一部分。

Motithang 羚羊保护区：位于廷布的迷你动物园，也是不丹国兽“塔金”的保护区。塔金是不丹的一级保护动物也是羚羊的一种,只能在不丹看见。

国家邮政总局：不丹是世界上鼎鼎有名的"邮票大国", 不丹的邮票内容非常丰富多彩，1962年人类第一枚会唱歌的唱片邮票就诞生在不丹，不丹邮票设计和印制材质多次在国际邮展上获奖。在这里您可以尝试制作个人头像邮票，或者带上附有个性化邮票的明信片当手信

传统手工造纸厂：不丹古老的传统手工造纸起源于8世纪，是不丹宝贵的民主文化遗产。在这里你可以参观到最古老和最原始的手工造纸流程。

帕罗宗-日蓬堡：发源于仁臣彭宗的名字,意思是'珠宝堆上的堡垒'。在全山谷中可以看到耸立在城镇上空的巨大支撑墙。它以前是国民议会的会议大厅，现在像大多数宗族一样，有寺院和区政府办公室。

帕罗塔宗国家博物馆：原是一座瞭望塔,现已改为历史博物馆。馆内有包罗万象的不丹文物,炫耀着不丹的艺术和传统,一共六层楼,每楼层都描述的不丹过去的独特故事。

第五天 帕罗 - 虎穴寺（早/午/晚）

虎穴寺：原名为塔克桑寺，坐落在帕罗谷3000千多米海拔的悬崖边上。这庙群建于1692年，是不丹境内最著名和神圣的寺庙，也被誉为世界十大寺庙之一。您可以选择徒步登山或骑马 到半山休息站再徒步到山顶。

体验不丹民族服装与拍照打卡：不丹的传统服饰是该国最显着的特征之一,这里您可以试穿不丹民族服装再拍照留念。

祈楚拉康：不丹最古老的寺院，是松赞干布由7世纪所建造的第一批宗教堡垒之一。这里珍藏了许多珍贵的文物，也成为了当地人民朝拜的神圣之地和不丹皇室举行庆典的重要场所。香港著名演员梁朝伟和刘嘉玲曾在此举办世纪婚礼。

帕罗市场：逛逛当地市场的小商贩和手工艺品。

第六天 帕罗 - 加德满都 - 纳加阔特（早/午/晚）

今天乘搭飞机飞往加德满都

巴克塔普尔王宫广场：

是位于尼泊尔巴克塔普尔的王宫广场，素有“露天博物院”之称。这里有长达500年历史的马拉王朝王宫，包括许多各具艺术特色的宫殿、庭院、寺庙、雕像等。

纳加阔特：这个小村庄位于喜马拉雅山脊上，也是加德满都谷最热门的赏峰圣地，所以被称为“喜马拉雅山的观景台”。在天气最佳的时候，可以欣赏到一系列绝美的珠峰山景。

第七天 纳加阔特 - 加德满都 - 家园（早/午）

加德满都王宫广场：这座王宫广场位于尼泊尔首都加德满都，精美的雕刻和神秘的寺庙让人流连忘返，并在1979年成为尼泊尔的7个世界文化遗产之一。

布达纳特：拥有1500年的历史和佛塔内安放着重弥勒佛的遗骨，所以被列入世界文化遗产。这寺庙也是世界上最大的圆形佛塔。

泰美尔市场：是加德满都的一条购物街也是一个特大的旅游商品市场，店铺林立，就连偏巷里也摆摊设点。这里的店铺融汇了各地特色商品是旅游的必经之地。送往国际机场乘搭国际航班往返马来西亚，祝你旅途愉快！

第八天 抵达家园

您的尼泊尔不丹之旅到此结束～ 扎西德勒～

包括所有观光入场费

4,5 - Star hotel throughout Tour 全程4,5星級酒店



@5* Hyatt Place, Kathmandu



@5* DusitD2, Thimphu



@4* Tiger Nest Luxury Camp, Paro



@4* Hotel Mystic Mountain, Nagarkot

STAY 住宿	LOCATION 地点	LOCAL HOTEL CATEGORY (or similar) 当地酒店等级或同级
1 Nights 一晚	Kathmandu 加德满都	5* Hyatt Place Kathmandu
2 Nights 两晚	Thimphu 廷布	5* DusitD2
2 Nights 两晚	Paro 帕罗	4* Tiger Nest Luxury Camp
1 Nights 一晚	Nagarkot 纳加阔	4* Hotel Mystic Mountain

Cuisine Varieties 各种美食



- ✓

Indian Cuisine 印度料理
- ✓

Thai Cuisine 泰国料理
- ✓

Chinese Cuisine 中式料理
- ✓

Malaysia Bak Kut Teh 肉骨茶
- ✓

Bhutan Red Rice 不丹红米
- ✓

Suja (Bhutanese Butter Tea) 酥油茶
- ✓

Ema Datshi (Chilis Cheese) 辣椒芝士
- ✓

Sikam Paa (Bhutan Bacon) 不丹培根肉
- ✓

Kewa Datshi (Potato Cheese) 马铃薯芝士
- ✓

Jasha Maru (Curry Chicken) 不丹咖喱鸡

独家超值 Exclusive Complementary

10大
赠送!



Bhutanese Cultural Dance 文化舞蹈表演



Bhutan Tourist Visa 不丹旅行签证



Hiking Stick at Tiger Nest 虎穴寺的登山杖



Bhutanese Tashi Khadar 不丹传统围巾



Local Data Sim Card 3GB 网络电话卡



Bhutan Costume Experience 体验传统服装



Horse Riding at Tiger Nest 骑马上虎穴寺



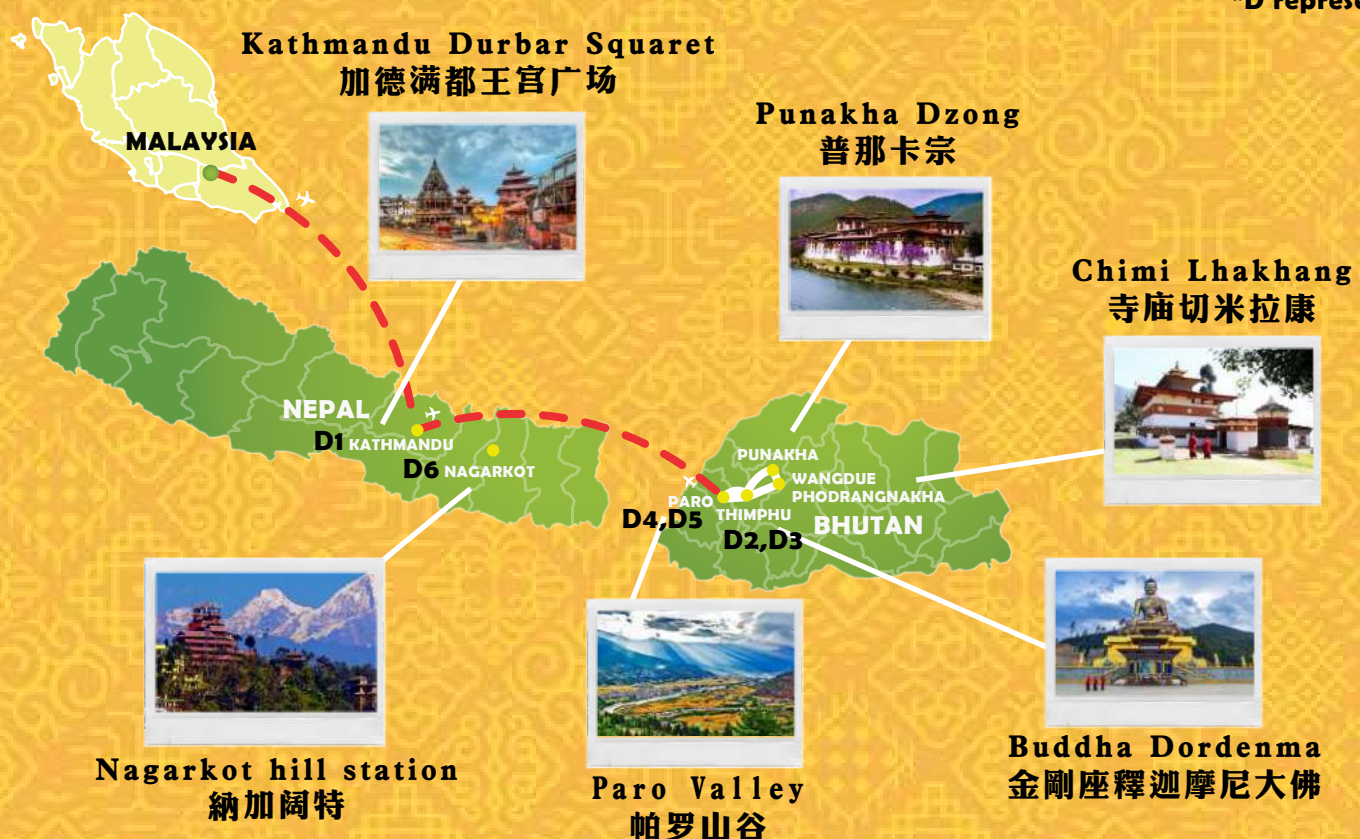
English, Chinese Speaking Guide 中英导游讲解



Organic Lemongrass Spray 天然香茅精油



Unlimited Complimentary Water 无限量矿泉水



*D represent to = Days



Estimated Flight Schedule 预计航班时间

Day	Routes	Flight No.	ETD	ETA	Flying Hours
08 DEC	KUL / KTM	OD 182	1810	2035	4 hrs 45 mins
09 DEC	KTM / PBH	KB 401	0910	1030	1 hr
11 DEC	PBH / KTM	KB 400	0710	0810	1 hr 15 mins
14 DEC	KTM / KUL	OD 181	2125	0420+1 (15 DEC)	4 hrs 45 mins

TOUR FARE 团费

DEPARTURE 出发日期	ADULT TWINS 成人	CHILD TWIN 小孩占床	PRIVATE GROUP 私人包团	SINGLE SUPP 单人房差	UPGRADE 升级	TRAVEL INSURANCE 旅游保险

TERMS & CONDITIONS 备注：

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- Unless otherwise specified by request, tours are conducted in English.
- Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.
- Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its control.
- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of Tour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such cancellation.
- It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.
- The Promotion enjoy 2 nights free Government SDF Waiver is subject to change according to Bhutan government decision.

Deposit / Tour Payments

A non-refundable of RM 3000 per person must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.

- Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.
- Cancellation of booking must be made in writing. Deposit of RM3000 per person will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.

BHUTAN
Believe

